



Sober House:

The purpose of a sober house is generally to allow people to begin the process of reintegration with society, while continuing to provide monitoring and support. This is generally believed to reduce the risk of relapse when compared to a release directly into society.

Intent

Supportive living in a structured environment such as a sober living house has proven in many cases to be the element that enables individuals to embrace the process of recovery. By choosing a transitional living facility that encompasses a staff, safety, knowledge, and experience - you are sure to gain a firm footing in recovery from drugs and alcohol.

Chelsea's House Est. 2011

Chelsea's house is a community of people who are transitioning from treatment into living life clean in the "real world" We pride ourselves as a "Judge Free" community. We promote a family-based experience to share life's highs and lows together and be supportive of each other.

Our family way of life will provide a safe and clean environment that is ideal for continuing long-term recovery. Chelsea's house provides a structured environment for recovering addicts to begin living their lives clean and sober outside the confines of a drug treatment center or detention facility.

Our properties are totally renovated single family homes. They are clean, bright and offer spacious sleeping quarters.



Residential and Financial agreement

Chelsea's house offers:

- Cable TV in every room
- Free Wi-Fi
- Coin-op laundry in house
- Full set of NA or AA literature (upon request)
- All paper products and cleaning supplies included.
- Central ACs in most properties

Rates

- Single room \$ 225.00 per week
- Double room \$200.00 per week

** Rent is due by 6 pm every Friday. We accept cash, Venmo (Chelsea's-House) checks, and money orders. Cash, checks and money orders should be handed directly to the house manager. All rent is non-refundable.

**\$400.00 is required upon move in for first and last week.

Residents Name:

DATE

Home Owner:

DATE



HOUSE RULES

- **NO** Alcohol/Drugs
- **NO** Non-approved Medications
- **NO** Weapons, explosives, fireworks
- Smoking inside the house is not permitted. Ashtrays are provided outside and need to be cleaned daily. No littering of cigarette butts on or near property.
- Be considerate with the neighbors and your fellow residents. The volume of the television, music and your voices need to be considered at all times, but especially during the early morning hours and after 9:00 pm.
- Daily chores for each member, also individuals need to clean up after themselves. **Food is not permitted in the bedrooms.**
- Guests are allowed until 11:00 pm and midnight on weekends in the common areas only. **ABSOLUTELY NO OVERNIGHT GUESTS**
- Personal items left behind after discharge will be considered abandoned and will be disposed of in 7-10 days
- All residents must be in the house during the hours of 11pm-5am Monday-Thursday, 12am-5am on Friday and Saturday. After 30 days of residency, you may apply for an approved overnight pass.
- Drug tests will be performed twice weekly by an outside lab and randomly at staff discretion.
- There will be one (1) mandatory house meeting per week.
- Required to attend three (3) outside meetings weekly.
- Read and understand all of Chelsea's House policies and procedures.

I understand the above rules, any violations may be grounds for discharge.

SIGNATURE

DATE



Application for Sober Living

APPLICATION PROCESS:

1. COMPLETE APPLICATION AND SUBMIT FORM
 2. Email to CHELSEASHOUSESOBERLIVING@GMAIL.COM or FAX to (781) 666 3753
 3. \$400 REQUIRED FOR FIRST WEEK'S RENT AND LAST WEEK. ALL RENT IS NON-REFUNDABLE
 4. ARRANGE TIME AND DATE OF ARRIVAL WITH APPROPRIATE PERSONNEL
 5. CONTACT MARI SANTOS (781) 666- 3752
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Name: _____ Date _____

Date of Birth _____

Address: _____ City: _____ State/zip: _____

Cell phone _____ Emergency contact # _____

Clean/Sobriety Date? _____ Drug of Choice: _____

Name of insurance company: _____

Member ID: _____

List prescription medications: (if not on any meds, please note that)

Circle which city you prefer: Chelsea, Lynn, East Boston, Malden (Lynn & East Boston are the only option for females)

Parole Date or graduation date (if applicable):

Which detox/treatment/jail center are you coming from? _____

Did you graduate? _____

What is your source of income?

Do you own a car: _____

WELCOME TO CHELSEA'S HOUSE



Application for Sober Living

Have you ever stayed in a community living setting before? Yes No

List 3 positive things about yourself.

List 3 negative things about yourself.

Why do you want to be a resident at one of our facilities?

Where do you see yourself in 6 months – 1 year?